



WELCOME TO

SEASON 3

ALL-STAR PREP

PREP TEAM HANDBOOK

Always use this 2025-2026 Prep Team Handbook as your first resource if you have questions throughout the season. This handbook is designed to help you understand the commitment and financial obligation that is necessary to participate in our competitive program.

Our mission at Envy Athletics is to help our athletes become the greatest version of themselves on and off the competition mat through a competitive environment which instills character traits such as leadership, discipline, perseverance, commitment, and teamwork. Our coaches set a high standard of excellence and are dedicated to helping our athletes achieve their goals, in cheer as well as in life. We strive to teach our athletes invaluable life lessons which will aid in their success beyond their All-Star cheer career.

COMMITMENT

Parents should be aware that All-Star Cheerleading requires a financial and time commitment. The All-Star Cheer season begins in June and ends in May. If you're not able to commit to the full season, or don't agree with the policies set forth in this handbook, you should not join any Envy Athletics competitive program. Envy Athletics All-Star Prep cheerleading program is NOT a recreational program.

COMMUNICATION

Most problems or situations can be resolved with open communication. If you have any concerns, please send an email to discuss further or to set up a meeting. However, please remember there is always a time and place to discuss a concern. Athletes and parents are responsible for regularly checking emails, the website, parent portal, Band, Facebook etc. for up-to-date information about the program, schedule, and events. There is NO excuse for being uninformed when the information has been provided. It is your responsibility to ensure your online account and contact information is up to date.

TEAM PLACEMENTS

Prior to evaluations, athletes must be registered online through our parent portal. Athletes who have registered and paid for evaluations can attend clinics prior to evaluations at no additional cost. Athletes who have not registered will incur a \$20 fee to attend each clinic. Clinics are not mandatory but highly encouraged.

Clinics will be offered on the following days at times:

- May 14th – 5-6:30pm – Ages 5-11 | 6:30-8pm – Ages 12-18
- May 15th – 5-6:30pm – Ages 5-11 | 6:30-8pm – Ages 12-18
- May 16th – 5-6:30pm – Ages 5-11 | 6:30-8pm – Ages 12-18

The Evaluation Fee will be due to complete the registration process. Note, each athlete will need to be registered, and all fees must be paid in order for your athlete(s) to be evaluated and placed on a team. Previous athletes must have a zero balance to be placed on a team.

What to expect at Team Placements?

We try to make the evaluation process as low stress as possible. Athletes will be fitted for their practice wear prior to stretching and warming up their skills. Athletes will perform the dance taught at our evaluation clinics to the best of their ability, showcase their standing and running tumbling skills, and jumps. Athletes will have a chance to show us any skills they want us to see during the evaluation process. After the athlete has been evaluated, they will be free to leave. Evaluations will be closed.

How are teams formed?

Athlete placement is driven by the mastery, consistency, and technical expertise of all the skills in a level. Envy Athletics is looking for strong motions, jumps, work ethic, coachability, positive attitude, leadership, commitment to excellence, and an all-around self-driven athlete. Tumbling is important; however, just because your athlete can perform certain tumbling skills does not mean that the athlete is prepared to successfully compete within that level. Please keep in mind there are many factors we must decide upon when placing each athlete on a team, such as: number of athletes, stunting experience, jumps, tumbling, dance, and age. All aspects are important in putting together a successful team. We will place athletes on teams to give them the best chance for success, while also striving to be highly competitive. Athletes will be placed on teams based upon their abilities in the above-mentioned categories, prior season attendance and adherence to the All-Star policies, as well as their mental mindset.

An Elite athlete's age will be based on the USASF Age Grid. See below:

DIVISION	BIRTH YEAR	LEVEL
Tiny	2018 – 2020	1.1
Mini	2016 – 2019	1.1, 2.1, 2.2
Youth	2013 – 2018	1.1, 2.1, 2.2, 3.1, 3.2
Junior	2010– 2017	1.1, 2.1, 2.2, 3.1, 3.2
Senior	6/1/06 – 2014	1.1, 2.1, 2.2, 3.1, 3.2

Athletes are required to maintain the skills displayed at evaluations. Athlete placement will be reevaluated during the week of July 27th - Aug 2nd. Adjustments may be made to teams during this time and throughout the season when deemed in the best interest of the athlete, team, and/or program. Envy Athletics reserves the right to:

- Place its athletes on the team(s) it feels will best suit them and the program.
- Decide the roles and/or positions an athlete will have on their team.
- Request that an athlete take additional classes, private lessons, or camps to improve skills.
- Move, replace, add, suspend, or dismiss an athlete for a period of time or indefinitely from the program based on criteria including but not limited to:
 1. Attendance
 2. Conduct
 3. Skills
 4. Finances
 5. Parent Conflicts

ATTENDANCE POLICY

Athletes are given 2 unexcused absences from August 1st through the end of the season. An absence request form must be filled out and approved by a member of the Envy Athletics staff at least two weeks prior to the date of the absence. Any absence request form received within the two-week time frame will automatically be unexcused. A completed form doesn't automatically excuse the absence. If any absence request is found to be false or inaccurate the athletes' placement on the team may be jeopardized. The absence request form is available on our website. Please submit an absence request for any important event, even if it doesn't occur on your athlete's usual practice day. We will review the calendar and consider all submitted requests when rescheduling or adding practices. No unexcused absence will be allowed at any practice that involves choreography or one week prior to competition. An excused absence is limited to mandatory school functions for a grade, school cheer, death in the family, or contagious illness which has been diagnosed by a physician and a physician's note is provided. An example of an unexcused absence may include: not feeling well, no ride

to practice, birthdays, or too much homework. Excessive absences both excused and unexcused could lead to removal from a competition or removal from the team at the discretion of the Envy Athletics staff. Extra practices will be added prior to a competition. These practices are mandatory. Coaches reserve the right to replace an athlete who misses practice within two weeks before a competition. Alternates must follow all rules.

SICK & INJURY

Please report any injuries to Envy Athletics ASAP so we can plan accordingly prior to the next practice. Athletes are required to attend practice if they are sick or hurt. The coach will decide your participation level at practice.

If an athlete has an injury or illness preventing them from participating in practice a written note from a doctor is required. It is important for the athlete to be present for any changes that may affect him/her. Excessive absences may lead to removal from the team. If a competition is missed due to illness or injury the athlete will not receive any rewards and may not be placed on the team if a bid is awarded.

A note from a doctor releasing the athlete from their injury is required before the athlete is allowed to resume practicing. It is the coach's discretion when the athlete will be choreographed back into the routine.

FINANCIAL POLICIES

During the 2025-26 season, there will be 11 monthly tuition charges beginning June 2025 to March 2026. The Evaluation fee will be due prior to evaluations. The All-Star Deposit is due upon acceptance of your athlete's team placement. If the deposit has not been paid or the team placement hasn't been accepted by June 1st, Envy Athletics will consider the athlete's spot forfeited. Any team placement after June 1st will be subject to change if the deposit is paid late and cannot be guaranteed. Please refer to the payment schedule below for more information. If your athlete makes a team but chooses not to accept the position, there will be no refund.

Envy Athletics will post fees to your account on the 15th of the month. Payment must be made prior to the 25th if you prefer to use an alternate method of payment. Enrollment in Auto Pay with either a credit card or ACH bank draft is mandatory. All balances will be drafted on the 25th of the month prior using the primary auto pay method on file. A \$25 NSF fee will be assessed to the account for any returned payments, declined credit cards, and or expired cards. A \$25 late fee will be assessed to your account if payment hasn't been made by the 3rd of the month. Should the account remain delinquent on the 5th of the month, Envy Athletics reserves the right to reprocess the Auto Pay for the outstanding balance, which may include NSF and late fees. Athletes will be asked to sit and not participate until the payment, or an arrangement has been made. Coaches reserve the right to replace the athlete if this happens. Updates to Auto Pay can be made in the Jackrabbit Portal.

Monthly fees are not prorated for any reason. There are NO refunds. Any account credit will be forfeited after 6 months. Any monies paid will be forfeited if asked to leave the program or leave voluntarily. In addition, a \$500 fee will be immediately drafted from the auto pay on file.

IMPORTANT: If your account is delinquent by more than ten (10) calendar days, I understand that I will be responsible for all costs incurred for the collection of any delinquent payments, including but not limited to, attorney fees, court costs, postage, administrative time, compensation, etc.

Envy Athletics also reserves the right to:

- Withhold services (team practice, private lessons, classes, etc.)
- Withhold uniforms, practice wear, bows, pro shop purchases, etc.

PAYMENT SCHEDULE

	WHATS DUE	DUE DATE	1st ATHLETE	2 ND /3 RD ATHLETE
	EVALUATION FEE	Upon registration	\$50/\$75*	\$50/\$75*
	ALL STAR DEPOSIT	Upon Accepting Team Placement	\$350	\$350
JUNE	TUITION	June 5th	\$275	\$245
JULY	TUITION	June 25th	\$275	\$245
JULY	1st UNIFORM PAYMENT	July 15th	\$200	\$200
AUGUST	TUITION	July 25th	\$275	\$245
AUGUST	2nd UNIFORM PAYMENT	August 15th	\$200	\$200
SEPTEMBER	TUITION	August 25th	\$275	\$245
SEPTEMBER	3rd UNIFORM PAYMENT	September 15th	\$200	\$200
OCTOBER	TUITION	September 25th	\$275	\$245
NOVEMBER	TUITION	October 25th	\$275	\$245
DECEMBER	TUITION	November 25th	\$275	\$245
JANUARY	TUITION	December 25th	\$275	\$245
FEBRUARY	TUITION	January 25th	\$275	\$245
MARCH	TUITION	February 25th	\$275	\$245
APRIL	TUITION	March 25th	\$275	\$245

*Athletes registered prior to May 1st will pay a \$50 evaluation fee and after May 1st it will increase to \$75

MONTHLY TUITION

INCLUDED:

- Registration
- Gym Tuition
- Camp Envy
- Competition Fees
- Choreography
- Music
- Coaches Fees
- Practice Wear (1 Top & Bottom)
- One Tumbling Class

NOT INCLUDED:

- Uniform, Bow, Warm-Up Jacket, Shoes, Makeup
- USASF Membership Fee
- Cross Competitor Fees
- Travel Expenses
- Spectator Fees
- Additional Camps, Clinics, Specialty Classes, Open Gym, Private Lessons
- Optional Pro-Shop Merchandise
- Post Season Competition Fees/Coaches Fees

CROSSOVER ATHLETES – \$75 monthly per team

Athletes may crossover to an additional team(s). Crossovers are required to attend ALL practices for their primary team and secondary team(s). Crossover athletes will incur additional fees which will be paid monthly. Crossovers may incur other costs such as travel, competition fees, choreography, music, uniform, practice wear etc.

JOINING LATE

Athletes joining late will be back charged the team placement fee, deposit, uniform, and non-tuition portion of each missed monthly payment. Full tuition will be paid for the rest of the season. Fees for the previous months will need to be paid and the account current for the athlete to begin practicing.

DISCOUNTS

Envy Athletics is proud to offer a discount for each sibling after the first full paying athlete for tuition. Discount does not apply to uniform, practice wear, warmups, or competition fees. Please see the tuition payment schedule for more detailed information. Envy Athletics offers a discount on tumbling classes.

FUNDRAISING

The Booster Club may provide fundraising opportunities throughout the course of the season. These fundraisers are optional; however, participating is a great way to help offset some of the costs of the season.

UNIFORM, BOW, WARM UP JACKET, SHOES, & MAKEUP

The uniform, bow, warm-up jacket, and shoes fee will be split into 3 equal payments. The 1st payment is due July 15th, 2nd is due August 15th, and the 3rd is due September 15th. If your uniform is not paid in full by September 25th a \$50 late fee will be imposed, and your uniform may not be ordered. Any additional fees applied to Envy Athletics to order your athlete's uniform separately will be passed onto you and applied immediately to your account. Your uniform may not be delivered if prior fees haven't been paid in full. Replacement items can be purchased if lost, damaged, or your athlete grows out of them; however, this will be at your expense.

Envy Athletics will be requiring the GK Hi-Flyer shoe and will place a bulk order in the fall. Athletes who wish to order an additional pair of shoes will be billed \$100 to their account. To help alleviate wear and tear we highly recommend athletes only wear their shoes inside the gym.

Envy Athletics will provide a tutorial for the hair and make-up to assist in receiving the desired look.

PRACTICES

Envy Athletics Prep teams will practice 1 time weekly for 2 hours. Exact practice days and times will be announced in your team placement email. To help alleviate any potential conflicts prior to team placements, please advise Envy Athletics of any conflicts you have during the registration process. Please note, Envy Athletics can't guarantee we can accommodate all conflicts, and this can affect their placement. Athletes are expected to have their hair up, shoes on, and ready to start practice on time. Practices can and will be added throughout the season at the discretion of Envy Athletics staff. There is no additional charge for extra practices. We do value your time and will try to plan extra practices as far in advance as possible. Additional practices should be expected within 2 weeks of any National Championship. All team practices are mandatory, and 100 % attendance will assist us in keeping extra practices to a minimum.

Only coaches and athletes are allowed on the gym floor. Parents/guests must remain in the parent viewing area. The Envy Athletics parent viewing area is expected to be a positive environment for parents to watch their child. If you cannot maintain a positive attitude in the parent viewing area you may be prohibited from utilizing the area and designated as a "drop off only" parent. Due to safety concerns, parents/guests may NOT communicate at ANY TIME with athletes or coaches on the gym floor. Any type of communication or any attempt to communicate with anyone inside the gym via yelling, waving, whistling, clapping, etc. may be asked to leave the facility immediately. The coaches reserve the right to close practices at any time for any reason.

CHOREOGRAPHY

Athletes are required to attend team choreography. Tentative dates are August 3rd - 9th. Exact dates & times will be provided with team placement.

CAMP ENVY

Camp Envy will be a 1-day stunt camp. Exact dates & times will be provided with team placement.

TEAM REPRESENTATIVES

Each team may have a designated Team Rep who serves as a volunteer liaison between the gym owners, coaches, and parents. This person may be responsible for sending out emails, collecting absence request forms, distributing information, coordinating team bonding activities, being the primary point of contact at competitions, etc. Team Reps are not employees of Envy Athletics and will be assigned after team placements.

COMPETITIONS

At Envy Athletics, we are training to compete and plan to attend 4-5 local competitions during the regular season. A tentative competition schedule will be sent out via email by the end of August. Envy Athletics teams may have the opportunity to earn a bid to an end-of-season event, such as Allstar Worlds, D2 Summit, Youth Summit, Regional Summit, US Finals, or Open Championships. Should a bid be earned, additional costs and travel will apply. Crossovers may also be required to attend additional competitions, depending on each team's schedule.

Attendance at all competitions is mandatory. If an athlete is unable to attend an event, Envy Athletics must be notified immediately so that accommodations can be made. A \$250 fee will be added to the athlete's account and processed through the autopay on file. The Envy Athletics staff will determine when the athlete will be integrated back into the routine. Please note, events may be added, removed, or substituted without notice. Competition fees are non-refundable if an athlete cannot participate for any reason. If a replacement athlete fills in, all awards earned by the team will be given to the replacement, not the original competitor.

Parents are responsible for arranging travel and hotel accommodations for their athletes when competing outside the Las Vegas area. Some out-of-town events may be designated as "Stay to Play," meaning all travelers must book accommodations through a specified travel agency. Detailed information on meet, performance, and awards times will be provided the week of the event. However, please be aware that these details are subject to change until the Event Producer releases the final schedule.

USASF MEMBERSHIP

Athletes will be required to have a USASF membership to compete at sanctioned events. Athletes must either create an account or renew prior to October 1st. Athletes who do not register by October 1st will be forced to sit out at practice will not be able to be placed on a team roster and will be charged a \$50 fee.

CLASSES, PRIVATE LESSONS, & TUMBLING PROGRESSION

Envy Athletics includes one tumbling class for our Prep athletes. Additional tumbling classes will be offered at a discounted rate. Specialty classes may be offered at a discounted rate. Envy Athletics reserves the right to remove an athlete from a class at any time due to consecutive absences, mental block, or refusal to perform required skills for their level. If an athlete is unable to perform the necessary skills required for their level, they may be required to enroll in additional tumbling classes, specialty training classes, or private lessons.

Envy Athletics athletes are prohibited from taking tumbling classes and private lessons at other cheerleading programs. Envy Athletics prides itself on skill mastery & technique and will follow a strict model of skill progression. Only perfected skills will be choreographed into our routines. If you do not agree with or understand our training methods, you should not participate in any Envy Athletics program.

LOGOS & PROPRIETARY INFO

Envy Athletics brand and image is specific and important to us. Envy Athletics team names and logos are considered proprietary and may not be reprinted on any apparel or other items for distribution or sale without explicit, written permission. Envy Athletics will control the apparel sold through our pro shop.

SOCIAL MEDIA/BEHAVIOR

Negativity, gossip, back talking, or disrespect towards another athlete, staff member, or parent will not be tolerated, and will result in the parent room being closed. If the behavior continues to be an issue, the athlete may be removed from the program. We discourage and ask that parents refrain from commenting or communicating with athletes and coaches during practices.

Any program member who posts inappropriate content on any social media platform may be dismissed from the program. No bullying will be tolerated, either in person or on social media, texts or group chats. Any athlete who bullies may be dismissed from the program.

We ask that no competition or practice videos be posted publicly on any social media platform (including YouTube) or any website without written permission.

CODE OF CONDUCT/SPORTSMANSHIP

Envy Athletics athletes pride themselves on setting a high standard of excellence on and off the mat. This includes respecting your coaches, teammates, parents, and other competitors. Show class, have pride and display character. Envy Athletics will always win or lose with grace. Good sportsmanship, polite manners, and a kind disposition are essential attributes at all times while wearing any Envy Athletics apparel. Remember, that you are always a representative of Envy Athletics, and any unsportsmanlike conduct will not be tolerated. This rule applies to all athletes as well as their parents and guardians.

GYM CLOSURES

Please plan trips around planned gym closures and breaks when possible.

- 4th of July – July 2nd – 6th
- Labor Day – Aug 29th – Sep 1st
- Halloween – Oct 31st
- Thanksgiving Break – Nov 26th – 29th
- Christmas Break – Dec 21st – Jan 3rd
- MLK Jr. Day – Jan 19th
- Spring Break – March 14th – 21st
- Easter – April 5th

IMPORTANT DATES – (Subject to change)

- Choreography – Aug 3rd-9th
- Halloween Bash – 10/18/25
- Cheersgiving – 11/15/25
- Red Reveal – 11/22/25
- Christmas Party – TBD
- Team Pictures – Dec 2025
- Envy Expo – April 26th

CANCELLATION FEE

A fee of \$500 will be applied to any person who leaves the program voluntarily or for disciplinary reasons. Envy Athletics incurs additional costs when an athlete leaves the program. Re-choreographing a routine, no matter how early in the season, is a very costly and a time-consuming process. Note, once registered through USASF and placed on a rostered team, Envy Athletics reserves the right to not release an athlete from the program until the completion of the season.