

ENVY **ATHLETICS**

NCA PICK UP TEAM

NCA PICK-UP TEAM HANDBOOK

Always use this 2024-2025 NCA Pick Up Team Handbook as your first resource if you have questions throughout the season. This handbook is designed to help you further understand the commitment and financial obligation that is necessary to participate in our competitive program.

COMMITMENT

Parents should be aware that All-Star Cheerleading requires a financial and time commitment. The NCA Pick-Up team's season will begin on September 7th and will end in March after NCA All-Star Nationals. If you're not able to commit to the full season, or don't agree with the policies set forth in this handbook, you should not join any Envy Athletics competitive program. Envy Athletics competitive cheerleading program is NOT a recreational program.

We are looking to field team(s) to compete in the All-Star Elite Senior Level 2/4.2 or level 3 division. The exact division will be finalized shortly after evaluations. The athletes age must be in the below age range.

| DIVISION | BIRTH YEAR | LEVEL |
|----------|---------------|----------|
| Senior | 6/1/05 – 2012 | 2/4.2, 3 |

PRACTICES

The Pick-Up Team will practice 1 time weekly on Sunday from 7:00 -9:00pm beginning Sept. 8th.

Practices can and will be added throughout the season at the discretion of Envy Athletics staff. There is no additional charge for extra practices. We do value your time and will try and plan extra practices as far in advance as possible. Additional practices should be expected within 2 weeks of any National Championship. All team practices are mandatory, and 100 % attendance will assist us in keeping extra practices to a minimum.

Only coaches and athletes are allowed on the gym floor. Parents/guests must remain in the parent viewing area. The Envy Athletics parent viewing area is expected to be a positive environment for parents to watch their child. If you cannot maintain a positive attitude in the parent viewing area you may be prohibited from utilizing the area and designated as a "drop off only" parent. Due to safety concerns, parents/guests may NOT communicate at ANY TIME with athletes or coaches on the gym floor. Any type of communication or any attempt to communicate with anyone inside the gym via yelling, waving, whistling, clapping, etc. may be asked to leave the facility immediately. The coaches reserve the right to close practices at any time for any reason.

COMPETITIONS

The NCA Pick-Up Team will compete at 2-3 events. The first competition will be in January. We are looking to possibly compete at Spirit Sports Duel in the Desert Grand Nationals in Palm Springs, JAMZ DII Nationals in Las Vegas, and NCA All-Star Nationals in Dallas, TX. A final competition schedule will be emailed out by the end of October. NCA is historically the largest and most prestigious cheerleading competition. Attendance at every competition will be mandatory. If an athlete is unable to attend a competition for any reason, Envy Athletics must be notified ASAP to make necessary accommodations and a fee of \$250 will be immediately added to the account and processed using the auto pay on file. Competition fees are non-refundable should an athlete be unable to participate for any reason. Parents are required to make travel arrangements and hotel accommodations for their athlete when competing outside of the Las Vegas area. Detailed information as far as

meet times, performance times, and awards will be provided the week of the event. Please note, this information will be subject to change until the Event Producer releases a final schedule.

TEAM ENROLLMENT

Evaluations will be on Saturday August 24th between 10:00am-11:30am.

To enroll for the NCA Pick Up Team evaluations, visit our website envyathleticslv.com or enroll via our Jackrabbit portal at

<https://app.jackrabbitclass.com/regv2.asp?id=535581&preLoadClassID=18335668>

A \$50 evaluation fee will be due to complete the registration process. Should an athlete make a team but declines their position, there will be no refund of any fees paid. Evaluations will be closed. Athletes will be fitted for practice wear and uniforms prior to their evaluation. After athletes have warmed up and shown all the skills they would like to showcase, they will be free to leave.

ATTENDANCE POLICY

It will be imperative for athletes to attend every practice. Excessive absences both excused and unexcused could lead to removal from the team at the discretion of Envy Athletics staff. Coaches reserve the right to replace an athlete who misses practice within two weeks before a competition. Extra practices may be added prior to an event. These practices are mandatory. Please plan trips around planned gym closures and breaks.

FINANCIAL POLICIES/COST

Envy Athletics has a comprehensive monthly price that covers most of the expenses throughout the season. Please see the payment schedule below for more detailed information. Current Envy Athletics athletes who want to cross compete to the NCA Pick-Up Team will be responsible for additional cross over fees plus the cost of the uniform.

PAYMENT SCHEDULE

| | WHATS DUE | DUE DATE | 1st ATHLETE | 2ND/3RD ATHLETE | CROSSOVER |
|------------------|---------------------|-------------------|--------------------|--|------------------|
| | EVAL FEE | Upon Registration | \$50 | \$50 | \$50 |
| SEPTEMBER | TUITION | September 10th | \$295 | \$250 | \$75 |
| OCTOBER | TUITION | September 25th | \$295 | \$250 | \$75 |
| OCTOBER | 1st UNIFORM PAYMENT | October 15th | \$175 | \$175 | \$125 |
| NOVEMBER | TUITION | October 25th | \$295 | \$250 | \$75 |
| NOVEMBER | 2nd UNIFORM PAYMENT | November 15th | \$175 | \$175 | \$125 |
| DECEMBER | TUITION | November 25th | \$295 | \$250 | \$75 |
| JANUARY | TUITION | December 25th | \$295 | \$250 | \$75 |
| FEBRUARY | TUITION | January 25th | \$295 | \$250 | \$75 |

Everyone MUST be enrolled in Auto Pay. Monthly tuition fees will be drafted on the 25th of the month prior using the primary auto pay method on file. If you prefer to use an alternate method, payment must be made prior to the 25th of the month. A \$25.00 NSF fee will be assessed to the account for any returned payments, declined credit cards, and or expired cards. A \$25 late fee will be assessed to your account if payment hasn't been made by the 3rd of the month. If the account remains delinquent on the 5th of the month the athlete will be asked to sit and not participate until the payment, or an arrangement has been made. Coaches reserve the right to replace the athlete if this happens.

Monthly fees are not prorated for any reason. Any account credit will be forfeited after 6 months. Any monies paid

will be forfeited if asked to leave the program or leave voluntarily. In addition, a \$500 fee will be immediately drafted from the auto pay on file.

IMPORTANT: If your account is delinquent by more than ten (10) calendar days, I understand that I will be responsible for all costs incurred for the collection of any delinquent payments, including but not limited to, attorney fees, court costs, postage, administrative time, compensation, etc.

Envy Athletics also reserves the right to:

- Withhold services (team practice, private lessons, classes, etc.)
- Withhold uniforms, practice wear, bows, pro shop purchases, etc.

MONTHLY TUITION

INCLUDED:

- Gym Tuition
- Competition Fees
- Choreography
- Music
- Coaches Fees
- Practice Wear Top, Shirt

NOT INCLUDED:

- Uniform, Bow, Shoes, Makeup
- USASF Membership Fee
- Travel Expenses
- Spectator Fees
- Additional Camps, Clinics, Classes, Open Gym, Private Lessons
- Optional Gear such as backpack, Warm Up Jacket, pro shop items, etc.

UNIFORM, BOW, WARM UP JACKET, SHOES

Your \$350 uniform and bow fee will be broken up in 2 equal payments. The 1st payment is due October 15th and the 2nd payment is due by November 15th. If your uniform is not paid in full by November 25th a \$50 fee will be imposed, and your uniform may not be ordered. Any additional fees applied to Envy Athletics to order your athlete's uniform separately will be passed onto you and applied immediately to your account. Your uniform may not be delivered if prior fees haven't been paid in full. Previous elite athletes will only be required to purchase a bow. Replacement items can be purchased if lost, damaged, or your athlete grows out of them; however, this will be at your expense.

Envy Athletics recommends the GK Hi-Flyer shoe, however, any white cheer shoe will suffice. To help alleviate wear and tear we highly recommend athletes only wear their shoes inside the gym.

Envy Athletics will provide information regarding the makeup that will be necessary to complete the look we're going for. A hair and make-up tutorial will be available to use to receive the desired look.

FUNDRAISING

The Booster Club may provide fundraising opportunities throughout the course of the season. These fundraisers are a great way to help offset some of the costs of the season.

CHOREOGRAPHY

All athletes are required to attend team choreography. Exact dates and times will be released at a later date.

CLASSES AND TUMBLING PROGRESSION

Envy Athletics offers tumbling, flexibility, and jumps classes. Classes can be taken at a discounted rate. Envy Athletics reserves the right to remove an athlete from a class at any time due to consecutive absences. Specialty classes may be offered at a discounted rate. If an athlete is unable to perform the necessary skills required for their level, they may be required to enroll in additional tumbling classes, specialty training classes, or private lessons. Anyone with a mental block or refusal to perform required skills for their level, may be removed at the discretion of the coaching staff. Envy Athletics will pride itself on skill mastery & technique.

SOCIAL MEDIA/BEHAVIOR

Negativity, gossip, back talking, or disrespect towards another athlete, staff member, or parent will not be tolerated, and will result in the parent room being closed. If the behavior continues to be an issue, the athlete may be removed from the program. We discourage and ask that parents refrain from commenting or communicating with athletes and coaches during practices.

Any program member who posts inappropriate content on any social media platform may be dismissed from the program. No bullying will be tolerated, either in person or on social media, texts or group chats. Any athlete who bullies may be dismissed from the program.

We ask that no team videos to be posted publicly on any social media platform without written permission.

CODE OF CONDUCT/SPORTSMANSHIP

Envy Athletics athletes will pride themselves on setting a high standard of excellence on and off the mat. This includes respecting your coaches, teammates, parents, and other competitors. Show class, have pride and display character. Envy Athletics will always win or lose with grace. Good sportsmanship, polite manners, and a kind disposition are essential attributes at all times while wearing any Envy Athletics apparel. Remember, that you are always a representative of Envy Athletics, and any unsportsmanlike conduct will not be tolerated.

COMMUNICATION

Most problems or situations can be resolved with open communication. If you have any concerns, please send an email to discuss further or to set up a meeting. However, please remember there is always a time and place to discuss a concern. Athletes and parents are responsible for regularly checking emails, the website, Band, Facebook etc. for up-to-date information about the program, schedule, and events. There is NO excuse for being uninformed when the information has been provided.

GYM CLOSURES

Please plan trips around planned gym closures and breaks when possible.

- Halloween – Oct 31st
- Thanksgiving Break – Nov 19th – 25th
- Christmas Break – Dec 18th – 29th
- MLK Jr. Day – Jan 15th

CANCELLATION FEE

A fee of \$500 will be applied to any person who leaves the program voluntarily, or for disciplinary reason. Envy Athletics incurs additional costs when an athlete leaves the program. Re-choreographing a routine, no matter how early in the season is a very costly and a time-consuming process.

